

Join Us!

Bring your sewing machine, projects and basic supplies!

SewJourn™ East Coast Retreat The Perfect Mid-Week Getaway!

\$1250 per person includes

- 3 Nights Double Occupancy accommodations
- Welcome Reception (Tue evening)
- Daily Breakfast, Lunch, AM and PM Snack Breaks, and All-Day beverages (Wed, Thu, Fri)
- 24-Hour Access to the Common Room
- Retail Therapy
- Deluxe SewJourn Swag Bag & Door Prizes

Single Supplement / 3 Nights — Add \$345

Optional ADD-ON Workshops (Details to follow)

RETREAT ONLY \$950

INCLUDES all Bullet Points listed above, EXCEPT breakfast and sleeping accommodations

OUR POLICY

- ◆ Minimum deposit of **\$150 reserves your spot**
- ◆ **Total of \$500 must be paid by February 1, 2024**
- ◆ **Final payment due APRIL 12, 2024**
- ◆ 25% Admin Fee added to any balance due after April 12
- ◆ Returned check charge \$35
- ◆ An email address is REQUIRED for communications

NOTE: All pricing reflects a discount for payments by check or money order. Payments by Credit / Debit / PayPal, please add 4% For PayPal, please request an invoice

REFUNDS:

Through Feb 1, 2024 - 75% refund of amount paid
Feb 2 thru April 11 - 50% refund of amount paid
As of April 12 - **NO REFUND** (Registration IS transferable)

If the event is cancelled by Cultured Expressions at any point, you will receive a full refund of all funds paid to CE.

Personal trip Insurance is recommended, such as TravelGuard.com or other outlet.

This SewJourn is designed as a classic retreat experience, including three optional hands-on classes! Spend time fully immersed in your own sewing and quilting projects and more, with like-minded Fabrigasmic friends and engaging instructors (Classes at additional cost; details & registration to follow)



KIANGA JINAKI is an award winning fiber artist whose works have been shown both nationally and internationally. Her work celebrates Black life and culture. Kianga's workshops are a mix of hand and machine stitching, with an emphasis on creative exploration, freedom and fun. Moving beyond the rules. *Free yourself!*

Workshop: "Doll Making with Kianga"

WILLIAM DANIELS is an independent curator and visual artist working primarily with textiles. His art quilts and accessories feature traditional quilt blocking and paper piecing techniques, but he sometimes utilizes nontraditional components. He draws inspiration from urban art practice that confronts contemporary issues and is always experimenting to integrate modern archetypes with historical, societal, or spiritual topics.



Workshop: "The Structured Tote"



Hosted by **LISA SHEPARD STEWART**
Lisa is an author, designer and instructor specializing in the creative use of authentic African fabrics & embellishments for sewing, quilting, home décor and crafts. Her DIY project books show readers how to incorporate the fabrics into beautiful & functional projects. Her workshops, lectures, events & specialty merchandise are designed to foster an appreciation for the cultures, and bring out one's own creativity.

Workshop: "Bogolan Shrug Jacket"

cultured EXPRESSIONS

SewJourn™ East Coast
Sew • Quilt • Create

MID-WEEK GETAWAY III

April 23 - 26, 2024
(Tuesday - Friday)



"QRST" - Quilt, Relax, Sewcialize, Talk
24-Hour Common Room Access
Optional Workshops — Wed, April 24
Lisa's Fabrigasmic Project
Wine & Fabric Pairings
Creative Challenge
Deluxe Swag Bag ... and more

TIME & SPACE TO CREATE

ITINERARY - April 23-26, 2024

Location: Blue Bell, PA
Normandy Farm Hotel & Conference Center

Accommodations & Amenities

- Double occupancy rooms — bring a roommate or we can pair you
- Common room with 24 hour access: one table per person, ergonomic office chairs, extra layout tables, pressing stations
- Music all day long, High-speed WIFI
- Venue shuttle as available for emergency runs to the local JoAnn's
- Fitness center, pool and more.



MEALS: Normandy Farm is known for its gourmet farm-to-table cuisine, prepared by its award-winning chefs! Our Common Room package includes a Welcome Reception (Tues) plus Daily Breakfast, Lunch, AM and PM Snack Breaks, and All-Day beverages (Wed, Thu, Fri) Dinner is on your own in the restaurant or other nearby eateries.



TUESDAY -- 23 April

From 10:00am Arrivals from various cities to Blue Bell, PA and Set-Up in the Common Room
3:00pm Check-in to sleeping rooms
5:00 – 7:00pm - Welcome Reception / Get Acquainted
QRST— Quilt, Relax, Sewcialize, Talk

WEDNESDAY -- 24 April

7:00 - 9:00am Breakfast
9:30am-12:30pm Workshop: "Doll Making with Kianga"
Lunch
1:30pm— Workshop: "The Structured Tote"
5:00pm — Workshop: "Bogolan Shrug Jacket"
QRST— Quilt, Relax, Sewcialize, Talk

THURSDAY -- 25 April

7:00 - 9:00am Breakfast
10am— Lisa's Project
Lunch
QRST— Quilt, Relax, Sewcialize, Talk
7:00pm - Wine & Fabric Pairings

FRIDAY -- 26 April

7:00 - 9:00am Breakfast
11:00am Check-out of sleeping rooms
Lunch
QRST— Quilt, Relax, Sewcialize, Talk
5:30pm Breakdown / Departures

Want to travel lighter?

A limited number of Janome S5 computerized sewing machines are available to rent. First come, first served!
Cost: \$65



OPTIONAL WORKSHOPS (Wednesday)

Once you've registered for the retreat, we'll send full details on the optional workshops. They'll be scheduled one at a time, so you can take one, two, or all three! Workshop payments are due in full with final retreat payment, by April 5

Mailing Address:

PO Box 356 • Dept SJEC • Rahway, NJ 07065
1-866-MUDCLOTH info@CulturedExpressions.com

Count me in for the **SewJourn East Coast Mid-Week Getaway** I have read the attached policy, and enclose deposit of \$ _____ (\$150 Minimum)

\$1250 Retreat w/ Double Occ Room OR \$1595 Retreat w/ Single Occ Room OR \$950 Retreat Only

My Roommate is _____ \$65 Sewing Machine Rental Request

OR Roommate Needed (not guaranteed)

TOTAL ENCLOSED \$ _____

Initials _____ Date _____

Name _____

Address _____

City _____

State _____ Zip _____ Email (required) _____

Phone _____

Method of Payment*

- MC
 VISA
 AMEX
 DISC

Check / Money Order — U.S. funds only
Payable to Cultured Expressions, Inc.

NOTE: 4% will be added to Credit / Debit payments
3-digits for MC, Visa, Disc
4-digits for Amex

Expiration Date ____/____/____ CVV Code _____

Signature _____

OPTIONAL Workshops - Wed April 24

Doll Making with Kianga Jinaki - 9:30am - 12:30pm \$69

Doll Making with Kianga Join me for a free style approach to doll making. Participants will design their own textile using; patchwork, appliqué, and embellishment techniques. You are also welcome to use a quilt top from your UFO's to make your textile. The fabric you make will be used to create a doll. The completed doll is approximately 12". When life gives you cloth, make dolls!

INCLUDES: Doll pattern and Adinkra pattern, Polyfil, yarn for hair, fabric markers, selection of fabric pieces, white erasable pencils.



The Structured Tote with William Daniels - 1:30 - 4:00pm \$49

This structured tote, made using ankara fabric from Cultured Expressions, is strong and durable. It is a great gift bag, for party or wedding favors, and becomes a secondary gift itself. The straps can be made from fabric, raffia, sisal, hemp or decorative cord and embellished with shells or beads.

Finished bag is lined and measures 12" x 12" x 4"

INCLUDES: Pattern, stabilizer

Bogolan Shrug Jacket with Lisa Shepard - 4:30 - 7:30pm \$69

Easy to sew, fun to wear — this bolero-style jacket is the perfect topper for jeans or your favorite LBD! Bring your own mudcloth (approx. 72" x 8 strips) or purchase a piece at the Retreat.

INCLUDES: Black seam binding.



Supply lists will be sent upon registration.

I want to register for the following **WORKSHOPS** at **SewJourn East Coast Mid-Week Retreat**

- Doll Making (w/Retreat) \$69** **Structured Tote (w/Retreat) \$49** **Bogolan Shrug (w/Retreat) \$69**
 Doll Making (Class Only) \$79 **Structured Tote (Class Only) \$59** **Bogolan Shrug (Class Only) \$79**

TOTAL Enclosed \$ _____

Initials _____ Date _____

Name _____

Address _____

City _____

State _____ Zip _____ Email (required) _____

Cell Phone _____

Method of Payment *

- MC
 VISA
 AMEX
 DISC

Check / Money Order — U.S. funds only
 Payable to Cultured Expressions, Inc.

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NOTE: 4% will be added to Credit / Debit payments

3-digits for MC, Visa, Disc
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Expiration Date ____/____/____ CVV Code ____

Signature _____